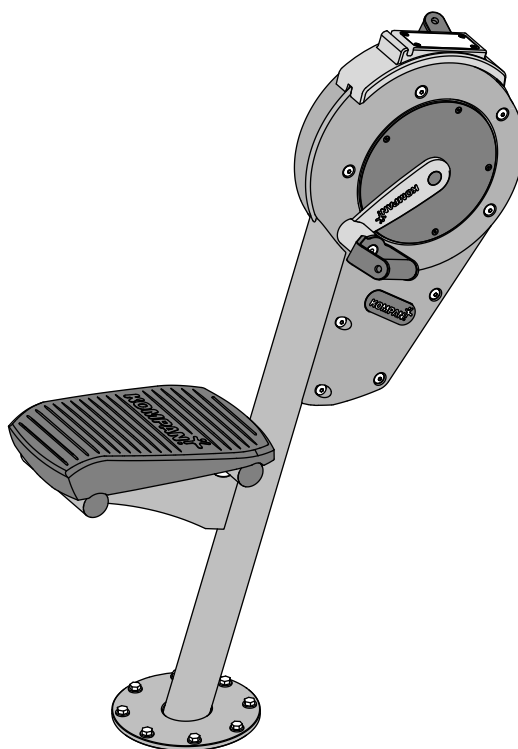


KOMPAN!

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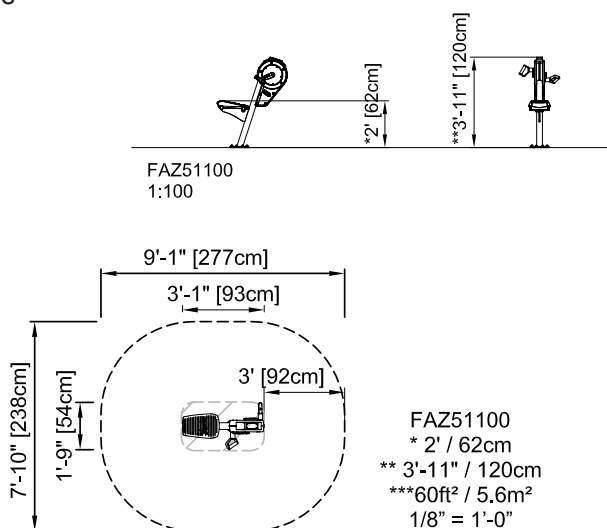
FAZ51100-080X

ASTM F3101





Safety zone in accordance with ASTM F3101
Sicherheitsabstand gemäß ASTM F3101
Espace d'évolution selon ASTM F3101
Zona de seguridad según ASTM F3101
Distanze di sicurezza in conformità con lo standard ASTM F3101
Veiligheidsgebied in overeenstemming met ASTM F3101
Säkerhetsområde enl ASTM F3101
Sikkerhedsareal iht. ASTM F3101
Зона безопасности в соответствии с ASTM F3101
ASTM F3101-normin mukainen turva-alue



* Free height of fall
Freie Fallhöhe
Hauteur de chute libre
Altura de caída libre
Altezza di caduta libera
Vrije valhoogte
Fri fallhöjd
Fri faldhøjde
Высота свободного падения
Varaa putoamiskorkeus

Please note: The safety zone shown on this drawing is in accordance with ASTM F3101. There may be some locations where a larger safety zone is required. If in doubt, please contact your play consultant.

Achtung: Der angegebene Sicherheitsabstand entspricht ASTM F3101. Bestimmte Länder schreiben größere Sicherheitsabstände vor. Bitte wenden Sie sich in Zweifelsfällen an Ihren Berater.

Attention : l'espace d'évolution montré est conforme à ASTM F3101. Dans certains pays, un espace d'évolution plus grand peut être exigé. Prière de contacter notre conseiller en cas de doute.

Observe: La zona de seguridad demostrada en este dibujo cumple con ASTM F3101. En algunos sitios puede ser necesaria una zona de seguridad más grande. En caso de tener alguna duda, por favor póngase en contacto con nuestro consultor.

Attenzione: la distanza di sicurezza specificata è conforme ai requisiti ASTM F3101. In alcuni paesi, le norme locali possono richiedere distanze di sicurezza maggiori. In caso di dubbi, contattare il nostro consulente.

N.B.: het getoonde veiligheidsgebied is in overeenstemming met ASTM F3101. In sommige landen kan een groter veiligheidsgebied vereist zijn. In geval van twijfel onze adviseur raadplegen.

Obs: Det markerade säkerhetsområdet följer ASTM F3101. I vissa länder kan det finnas krav på större säkerhetsområde. Kontakta vänligen vår konsulent om du är osäker.

Obs.: Det viste sikkerhedsareal er i overensstemmelse med ASTM F3101. I nogle lande kan der være krav om større sikkerhedsareal. Kontakt venligst vores konsulent ved tvivlsspørgsmål.

Внимание: Зона безопасности указана в соответствии с ASTM F3101. Возможны случаи, когда требуется увеличение зоны безопасности. В затруднительных случаях обращайтесь к Вашему консультанту.

Huom: Tämän piirustuksen turva-alue on ASTM F3101-normin mukainen. Joissain sijoituspaikoissa saatetaan edellyttää suurempaa turva-alueetta. Jos olet epävarma, otathan yhteyttä KOMPANIin. Copyright©KOMPAN A/S



A



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B



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C



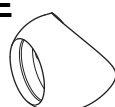
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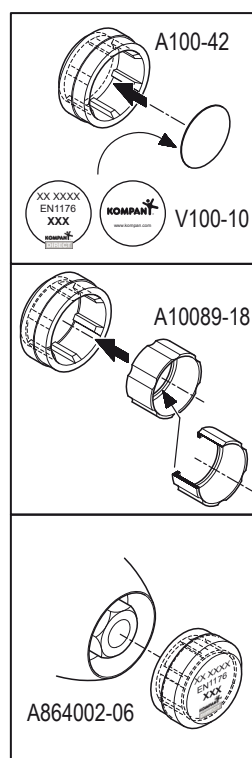
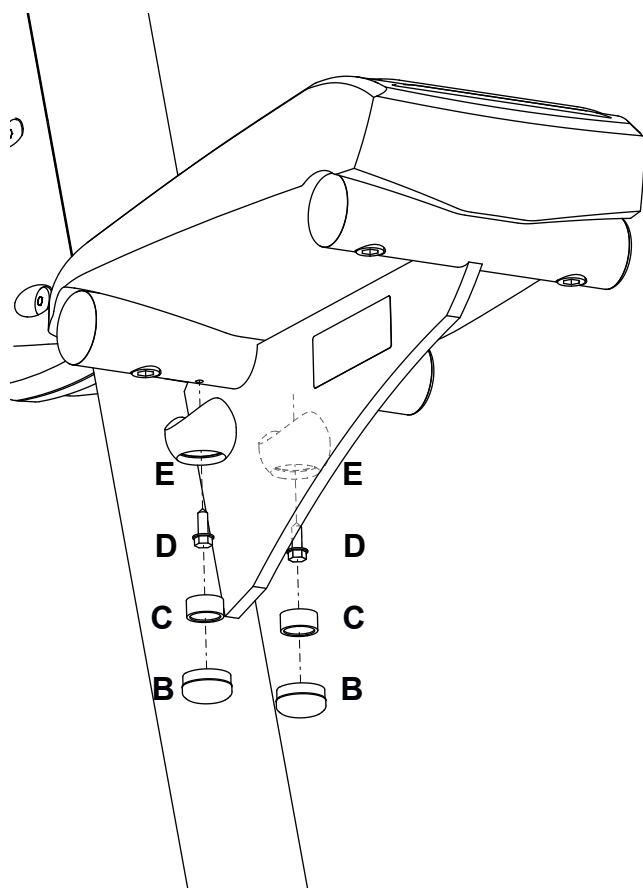
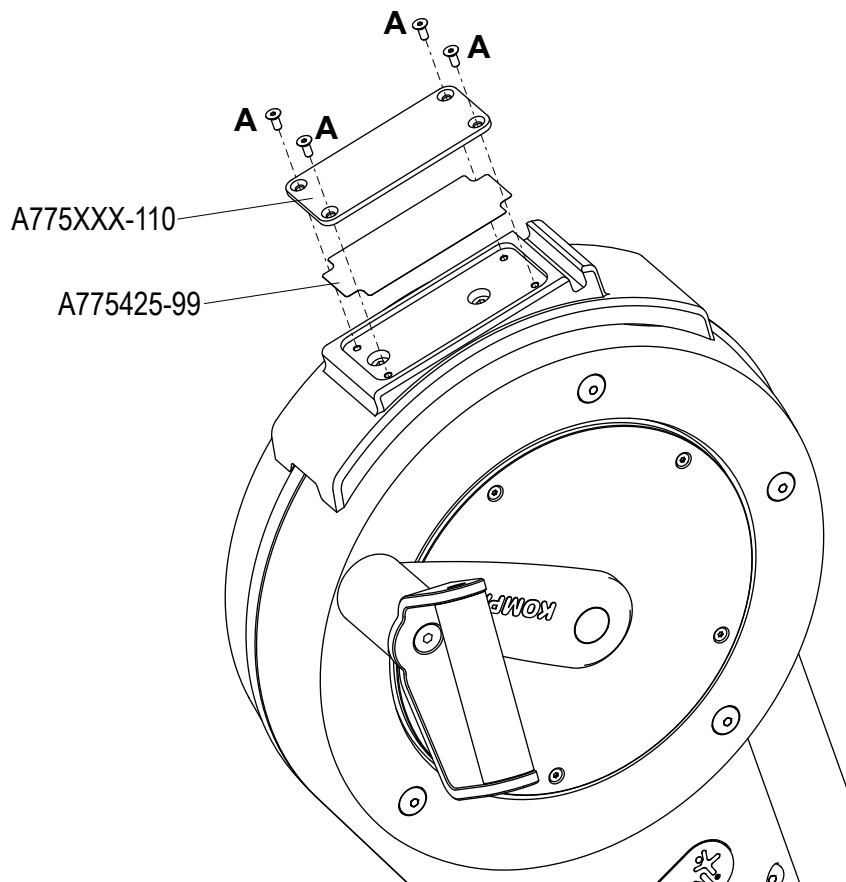


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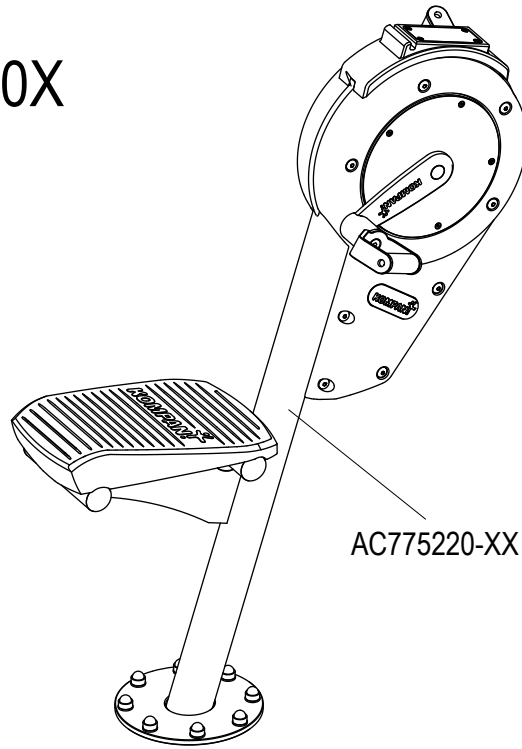
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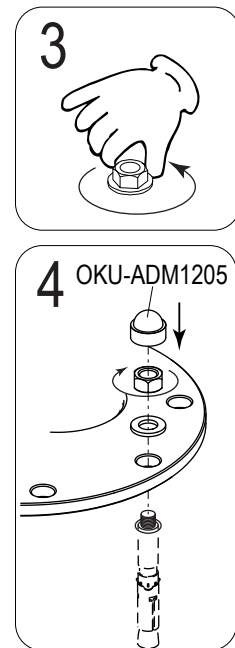
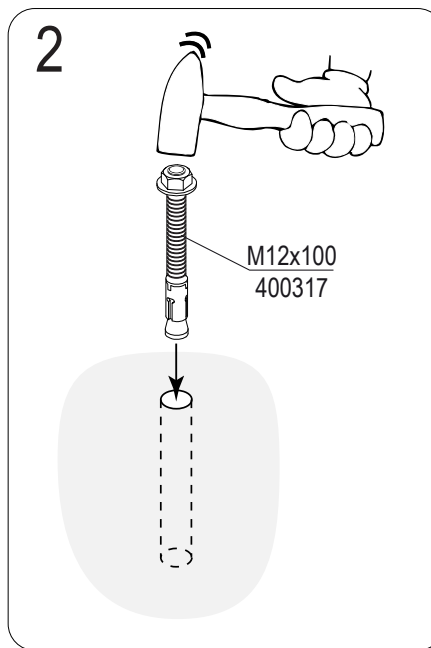
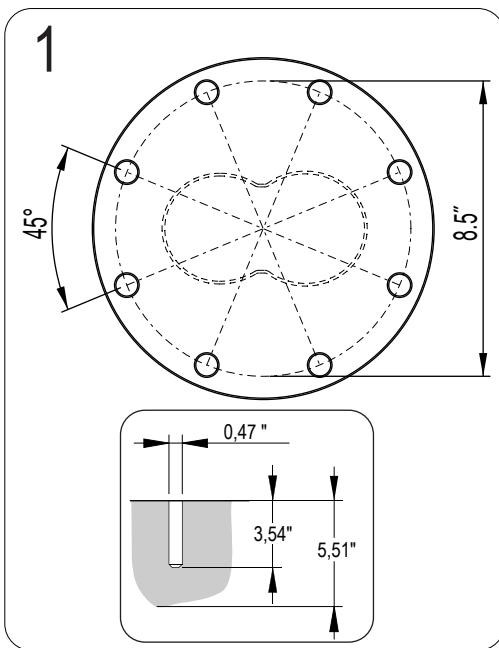
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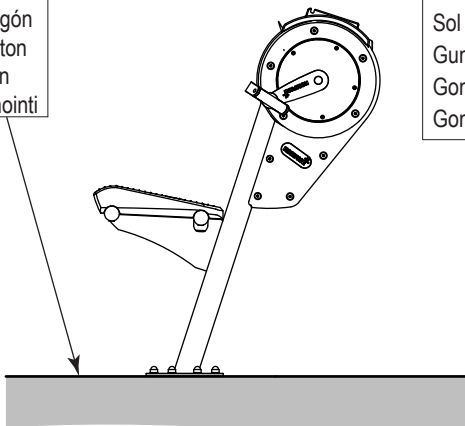
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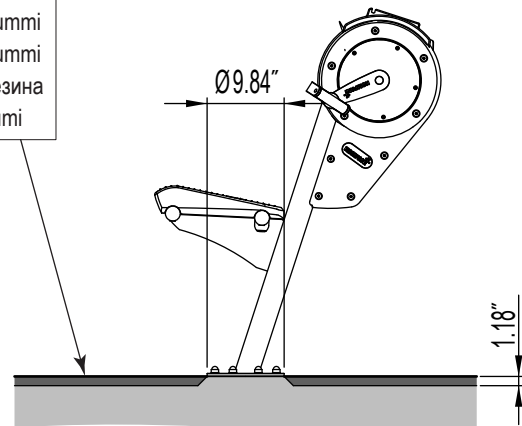
AC775220-XX - FAZ51100-00XX



Concrete
Béton - Hormigón
Cemento - Beton
Betong - Beton
Бетон - Betonointi

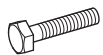


Rubber Gummi
Sol couté Gummi
Gummi Gummi
Goma Резина
Gomma Kumi





A



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B



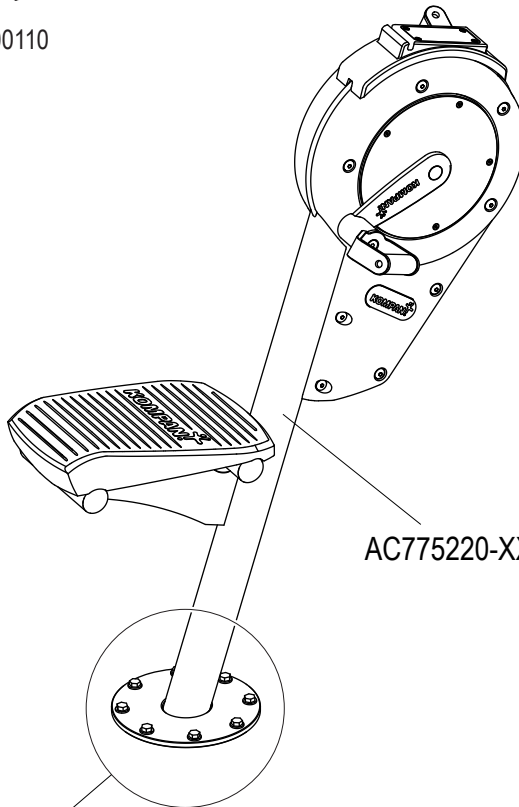
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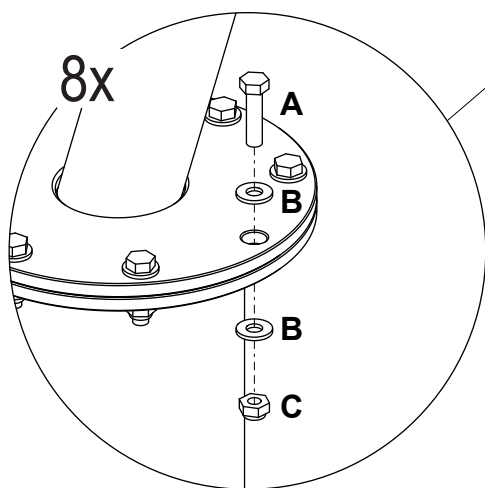


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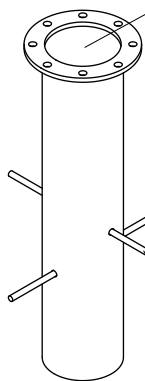
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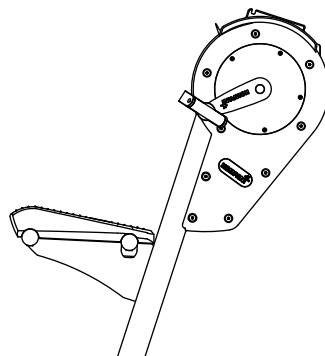
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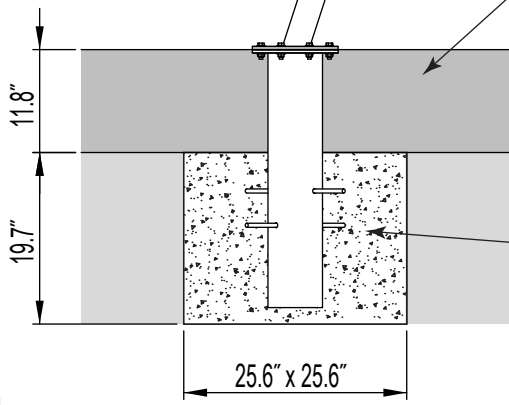
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A801421-41



Loose fill
 Matériaux fluents
 Lockers material
 Material suelto
 Materiale sciolto
 Lös fyllningsmaterial
 Løst påfyldningsmateriale
 Lose bodematerialen
 Irtomateriaali
 Амортизационный сыпучий материал



Concrete 0,21 m³
 25.6" x 25.6" x 19.7"
 Béton - Hormigón
 Cemento - Beton
 Betong - Beton
 Бетон - Betonointi

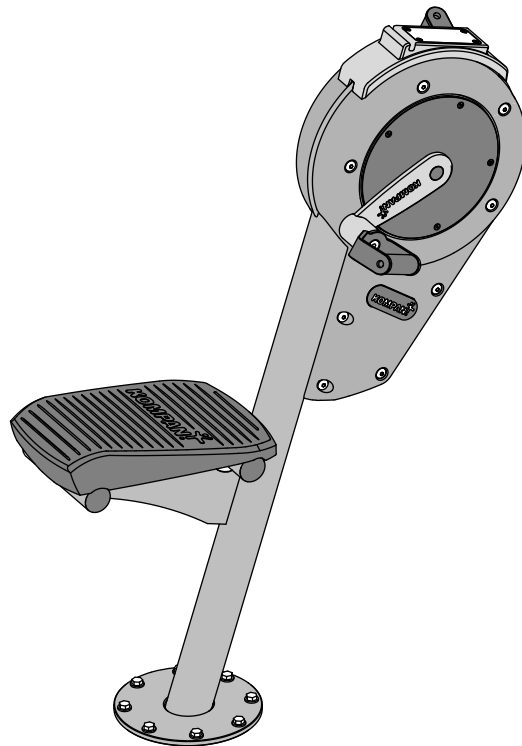
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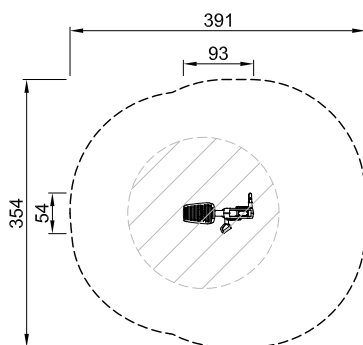
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EN16630





Safety zone in accordance with EN 16630
Sicherheitsabstand gemäß EN 16630
Espace d'évolution selon EN 16630
Zona de seguridad según EN 16630
Distanze di sicurezza in conformità con lo standard EN 16630
Veiligheidsgebied in overeenstemming met EN 16630
Säkerhetsområde enl EN 16630
Sikkerhedsareal iht. EN 16630
Зона безопасности в соответствии с EN 16630
EN16630-normin mukainen turva-alue



All measurements are in cm
Alle Maßangaben in cm
Toutes les dimensions sont indiquées en cm
Todas las medidas están indicadas en cm
Tutte le misure sono in cm
Alle afmetingen zijn in cm
Alla mätt är angivna i cm
Alle mål er angivet i cm
Все измерения в см.
Kaikki ohjeessa mainitut mitat ovat senttimetrejä.

* Free height of fall
Freie Fallhöhe
Hauteur de chute libre
Altura de caída libre
Altezza di caduta libera
Vrije valhoogte
Fri fallhöjd
Fri faldhøjde
Высота свободного падения
Vapaa putoamiskorkeus

Please note: The safety zone shown on this drawing is in accordance with EN 16630. There may be some locations where a larger safety zone is required. If in doubt, please contact your play consultant.

Achtung: Der angegebene Sicherheitsabstand entspricht EN 16630. Bestimmte Länder schreiben größere Sicherheitsabstände vor. Bitte wenden Sie sich in Zweifelsfällen an Ihren Berater.

Attention : l'espace d'évolution montré est conforme à EN 16630. Dans certains pays, un espace d'évolution plus grand peut être exigé. Prière de contacter notre conseiller en cas de doute.

Observe: La zona de seguridad demostrada en este dibujo cumple con EN 16630. En algunos sitios puede ser necesaria una zona de seguridad más grande. En caso de tener alguna duda, por favor póngase en contacto con nuestro consultor.

Attenzione: la distanza di sicurezza specificata è conforme ai requisiti EN 16630. In alcuni paesi, le norme locali possono richiedere distanze di sicurezza maggiori. In caso di dubbi, contattare il nostro consulente.

N.B.: het getoonde veiligheidsgebied is in overeenstemming met EN 16630. In sommige landen kan een groter veiligheidsgebied vereist zijn. In geval van twijfel onze adviseur raadplegen.

Obs: Det markerade säkerhetsområdet följer EN 16630. I vissa länder kan det finnas krav på större säkerhetsområde. Kontakta vänligen vår konsulent om du är osäker.

Obs.: Det viste sikkerhedsareal er i overensstemmelse med EN 16630. I nogle lande kan der være krav om større sikkerhedsareal. Kontakt venligst vores konsulent ved tvivlsspørgsmål.

Внимание: Зона безопасности указана в соответствии с EN 16630. Возможны случаи, когда требуется увеличение зоны безопасности. В затруднительных случаях обращайтесь к Вашему консультанту.

Huom: Tämän piirustuksen turva-alue on EN16630-normin mukainen. Joissain sijoituspaikoissa saatetaan edellyttää suurempaa turva-aluetta. Jos olet epävarma, otathan yhteyttä KOMPANiin.

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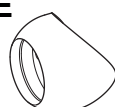
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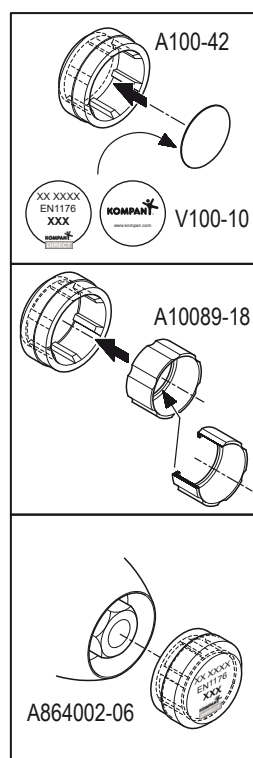
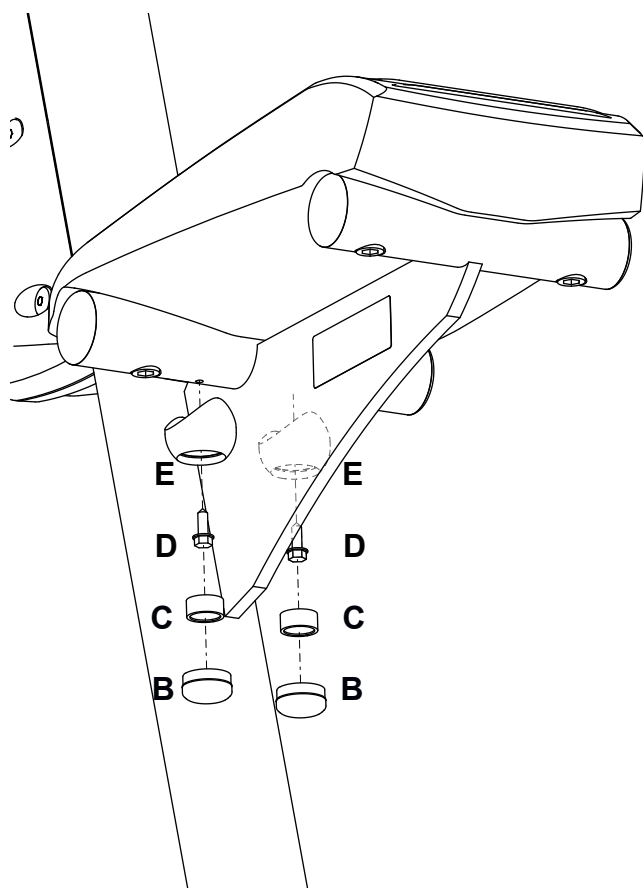
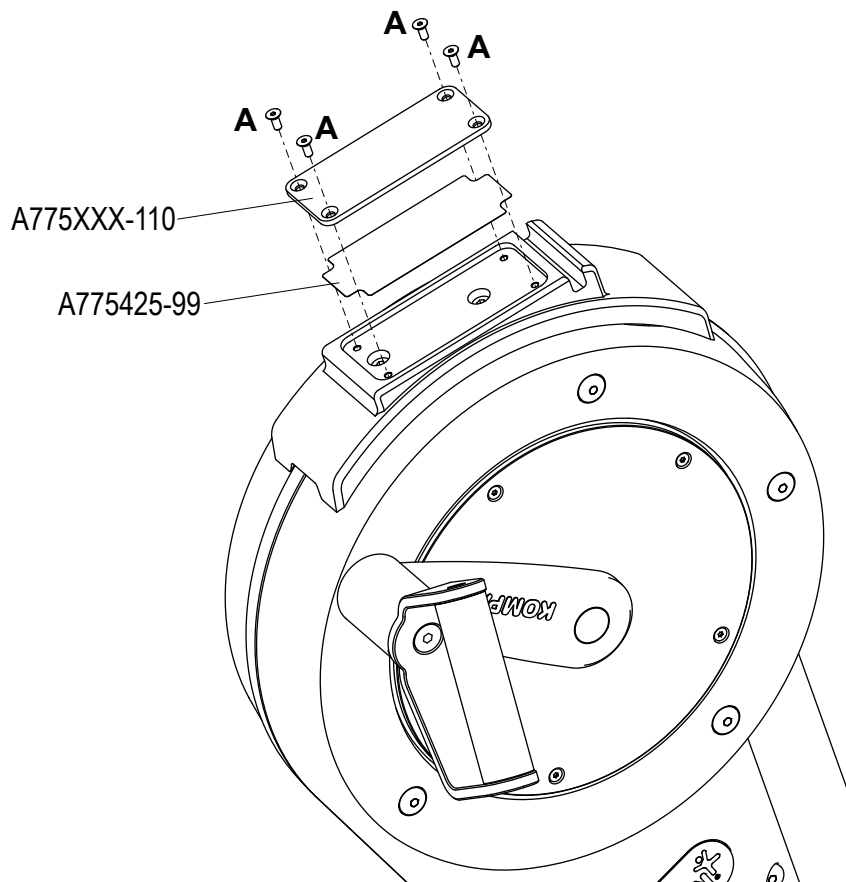


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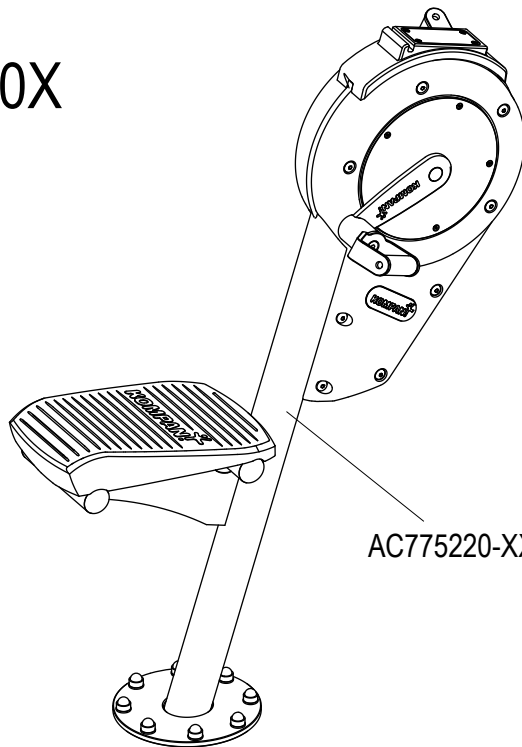
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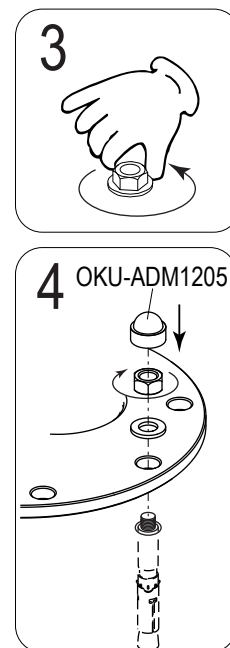
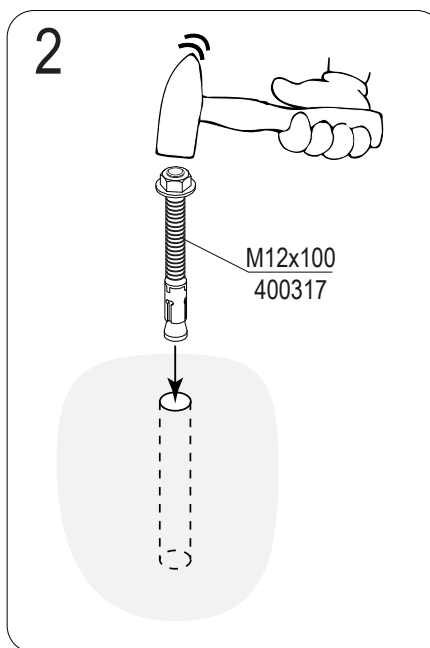
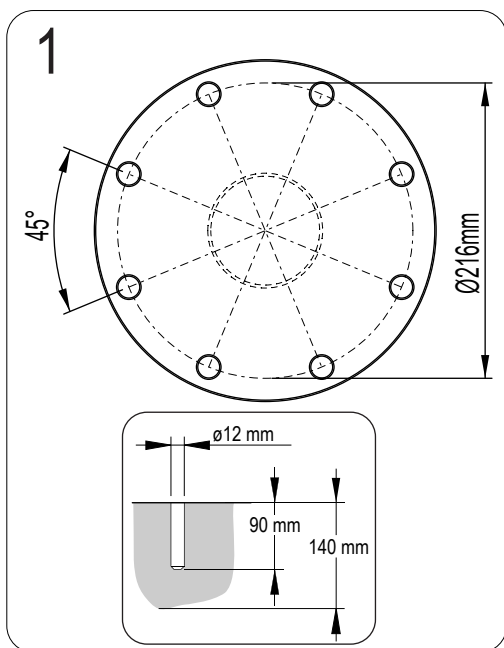
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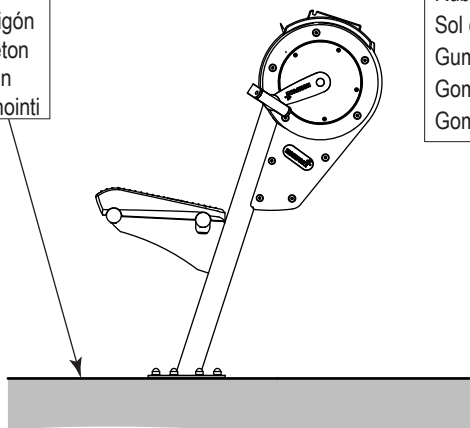
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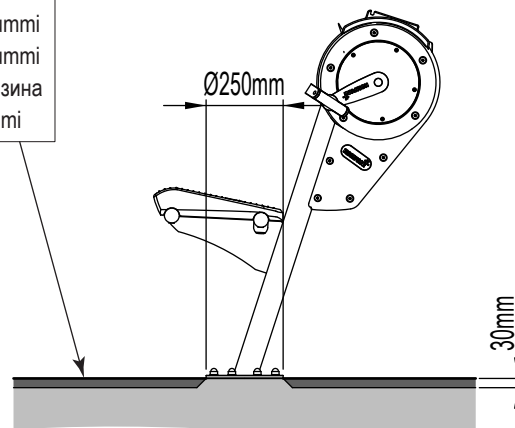
AC775220-XX - FAZ51100-00XX



Concrete
Béton - Hormigón
Cemento - Beton
Betong - Beton
Бетон - Betonointi

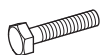


Rubber Gummi
Sol couté Gummi
Gummi Gummi
Goma Резина
Gomma Kumi





A



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B



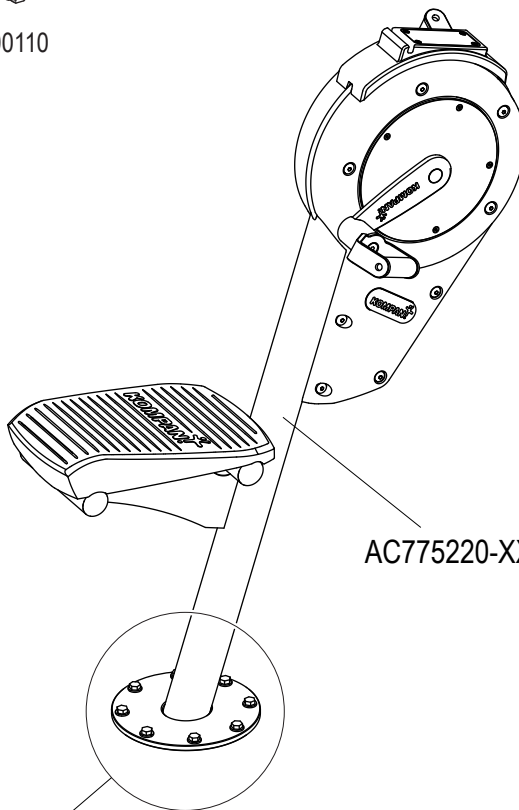
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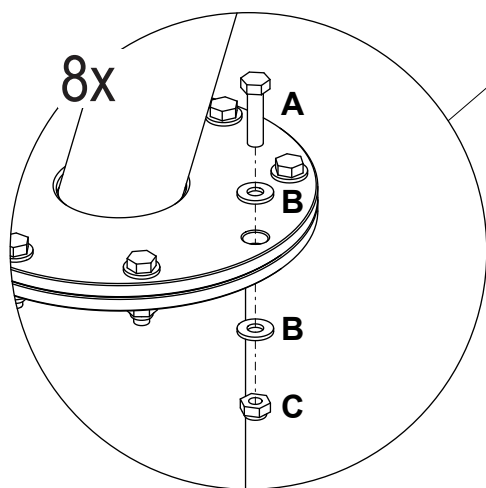


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8x

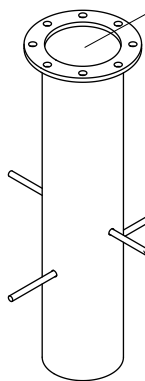
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B

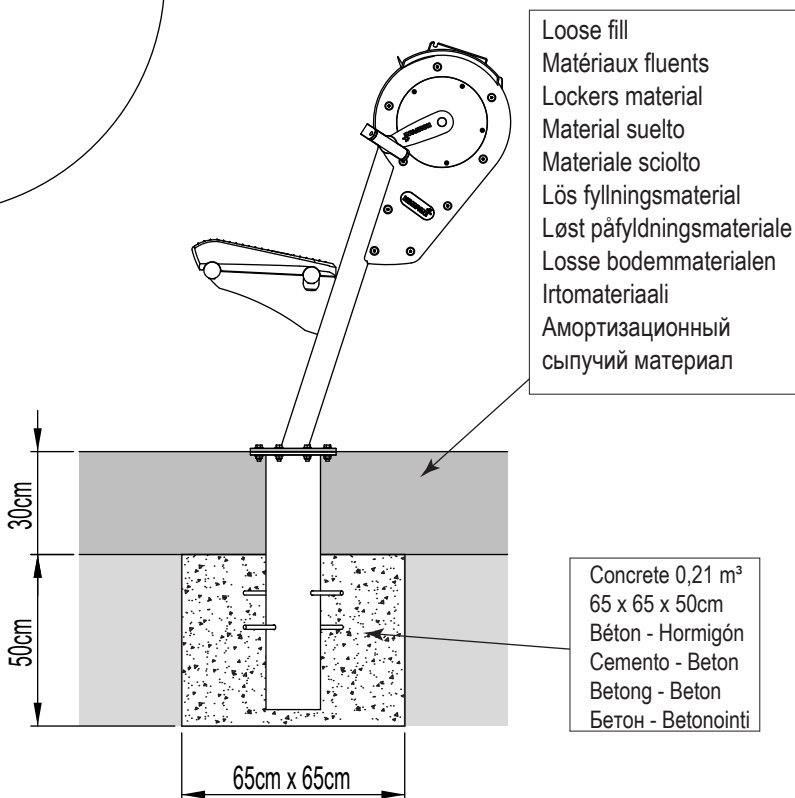
B

C

A775411-51



A801421-41



- Loose fill
- Matériaux fluents
- Lockers material
- Material suelto
- Materiale sciolto
- Lös fyllningsmaterial
- Løst påfyldningsmateriale
- Losse bodematerialen
- Irtomateriaali
- Амортизационный сыпучий материал

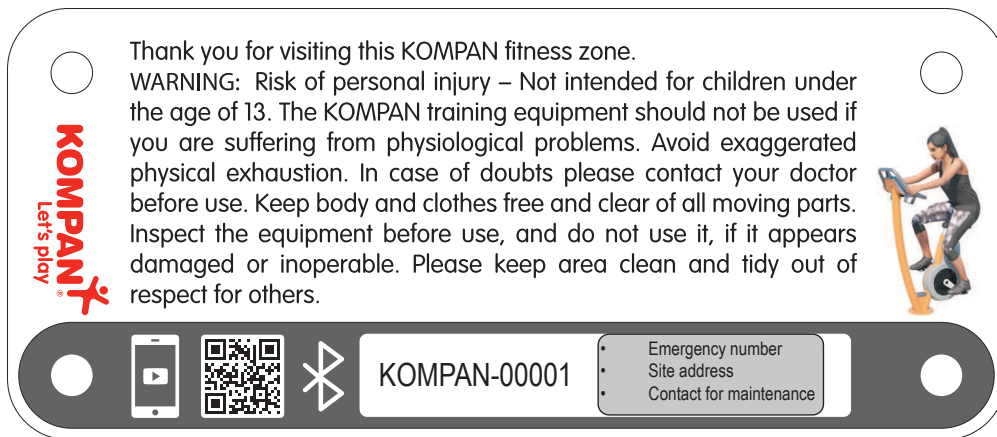
- Concrete 0,21 m³
- 65 x 65 x 50cm
- Béton - Hormigón
- Cemento - Beton
- Betong - Beton
- Бетон - Betonointi

Outdoor Fitness Equipment

On outdoor fitness equipment we want to point out that according to EN 16630 it is the responsibility of the owner to provide information about:

- Emergency phone call number
- Address of the site
- Contact info - phone number or URL - to maintenance staff.

This information can either be available on a separate sign or it can be placed on the KOMPAN safety sign:



For USA / Canada only:

Installation Instruction for Warning Labels

NOTE: IF FITNESS SITE REQUIRES COMPLIANCE
TO THE U.S. STANDARD ASTM F3101, INSTALLATION OF
THE WARNING LABEL IS MANDATORY.

Install the Label on your play structure such that it is visible from a distance of 8 feet and apparent to anyone approaching the structure. Select a smooth surface. The surface must be clean and dry to insure reliable adhesion.

If a label becomes unreadable for any reason, contact us to receive a new one free of charge.

KOMPAN, Inc.
930 Broadway
Tacoma, WA 98501
Tel: (800)426-9788 Fax: (360)943-6254

Uniquement destiné aux Etats-Unis et au Canada:

Instructions de pose des étiquettes d'avertissement

NOTE: SI VOTRE SITE DOIT ETRE EN CONFORMITE
AVEC LA NORME AMERICAINE ASTM F3101, L'INSTALLATION DE
L'ETIQUETTE D'AVERTISSEMENT EST OBLIGATOIRE.

Placez l' étiquette sur l' équipement de jeux de manière à ce qu'elle soit visible à partir d'une distance de 8 pieds et apparente à quiconque s'approche de l'équipement. La surface doit être propre et sèche afin d'assurer une bonne adhésion.

Si pour une raison quelconque une étiquette devient illisible, prière de nous contacter afin de recevoir une nouvelle étiquette gratuitement.

KOMPAN, Inc.
930 Broadway
Tacoma, WA 98501
Tél: (800)426-9788 Fax: (360)943-6254

Sólo para EE.UU. / Canadá:

Instrucciones de colocación de las etiquetas de advertencia

NOTA: SI SU ZONA DE RECREO TIENE QUE CUMPLIR LA NORMA ASTM F3101 ESTADOUNIDENSE, ENTONCES ES OBLIGATORIO COLOCAR LA ETIQUETA DE ADVERTENCIA.

Coloque la etiqueta en la estructura de juego de modo que sea visible a 8 pies (unos 2,5 m) de distancia y que sea apreciable para cualquiera que se acerque a la estructura. Elija una superficie lisa. La superficie debe estar limpia y seca para garantizar que se pegue bien.

Si por cualquier motivo una etiqueta ya no fuera legible, contacte con nosotros y le enviaremos una nueva gratis.

KOMPAN, Inc.
930 Broadway
Tacoma, WA 98501
Tel.: (800)426-9788 Fax: (360)943-6254

KOMPAN 

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User Manual





Contents

Installation instructions	3
Important safety instructions	3
Operating instructions	4
Description of equipment	4
Use of bike and adjustment of workload	4
Technical Specifications	5
Resistance	6
Bluetooth connection of smartphone and use of app	6
User-maintenance instructions	6



Installation instructions

Find the installation instructions for the current cardio product on KOMPAN homepage:
www.kompanmaster.com/kompanmaster

Important safety instructions

When using an electrical appliance, basic precautions should always be followed, including the following:

Read all instructions before using this exercise equipment

WARNING - To reduce the risk of burns, fire, electric shock, or injury to persons:

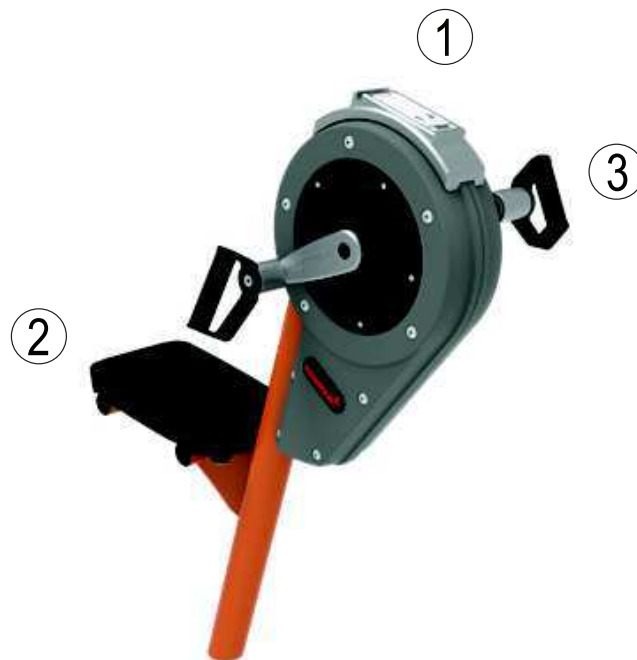
- 1) This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine.
- 2) Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by KOMPAN.

SAVE THESE INSTRUCTIONS



Operating instructions

Description of equipment



1. Phone holde
2. Seat
3. Hand pedals

Use of bike and adjustment of workload

On Arm Bike models

1. Start pedaling at a moderate pace
2. As you pedal faster the bike will automatically increase the workload



Technical Specifications

Arm Bike

- Shaft height: 960 mm
- Height: 1200 mm
- Width: 540 mm
- Length: 930 mm
- Wheelchair accessible from one side





Resistance

- Self-powering system – no grid connection needed
- Flywheel: Virtual
- Resistance levels: Adjustable in 10 steps
- Minimum resistance for start-up: 5 W at 30 RPM
- Continues resistance (20 min): 55 W at 55 RPM
- Peak resistance (Sprint): 450 W at 120 RPM
- Bluetooth connectivity: Standard Bluetooth LE protocol

Bluetooth connection of smartphone and use of app

1. Download the KOMPAN Cardio app. This can be done by scanning the QR code on the bike or searching for “KOMPAN Cardio” in either Google Play or App Store.
2. Start the app and follow the instructions in the app.

User-maintenance instructions

Find the general maintenance instructions for KOMPAN products on KOMPAN’s homepage:
www.kompanmaster.com/kompanmaster